



## APPETIZERS

Vegetable Egg Rolls  
*served with plum sauce* \$ 9.50

Breaded Chicken Fingers \$ 12.00

Tomato-Basil Bruschetta  
*with olives, eggplant & provolone cheese* \$ 12.00

Steamed Shrimp Dumplings  
*served with soya-mirin dipping sauce* \$ 15.00

House Gravlax  
*with sour cream-caper sauce & cocktail  
rye squares* \$ 17.00

## QUESADILLAS

*Great fillings in soft tortilla*

Wild & Field Mushroom Quesadilla  
*with gruyere, provolone &  
white cheddar cheeses* \$ 13.00

Chicken Quesadilla  
*with monterey jack cheese, roasted pepper  
& bean paste* \$ 15.00

Fine Italian Meats Quesadilla  
*with spicy eggplant, artichoke & roasted pepper with gruyere  
& provolone cheeses* \$ 16.00

## MEAL SIZE SALAD

Caesar Salad  
*with croutons* \$ 11.50

Traditional Greek Salad  
*with romaine, cucumber, tomato, red onion,  
olives & feta* \$ 14.00

Bacon, Blue Cheese & Lettuce Salad  
*with white wine vinaigrette* \$ 14.00

Chef's Salad  
*ham, turkey breast, white cheddar & mixed lettuces  
topped with buttermilk dressing & sliced egg* \$ 17.00

Grilled Chicken Salad  
*with mixed lettuces, grilled zucchini, roasted peppers &  
balsamic vinaigrette* \$ 17.00

Grilled Salmon Salad  
*with honey mustard glaze on a bed of  
mixed leaf lettuces* \$ 18.00

## DELUXE SANDWICHES

*served on crusty french baguette, served with marinated  
vegetable salad OR fries*

Grilled Zucchini, Eggplant & Red Onion  
*with goat cheese* \$ 12.00

Black Forest Ham  
*with cheddar cheese, dijon mustard, mayonnaise & roasted  
peppers* \$ 12.00

Chicken Breast & Smoked Gouda  
*with roasted red peppers, dijon mustard  
& mayonnaise* \$ 14.00

Prosciutto & Provolone  
*with spicy marinated eggplant &  
black olive paste* \$ 16.00

House Gravlax  
*with goat cheese & belgian endive* \$ 16.00

## GRILLED BURGERS & HOT SANDWICHES

*served with french fries or salad*

Grilled Portabello Mushroom & Cheese Burger  
*vegetarian burger with mustard, mayo, gruyere cheese,  
tomato & onion* \$ 13.00

100% Prime Rib Beef Burger  
*ground in house with tomato, lettuce,  
red onion & mayo* \$ 15.00

Grilled OR Crunchy Chicken Breast Burger  
*with mayo, cranberry sauce & lettuce* \$ 14.00

*add extra old white cheddar OR  
back bacon* \$ 1.00 each

Reuben Sandwich  
*sliced corned beef, sauerkraut, cheddar &  
thousand island dressing with toasted rye bread* \$ 14.00

Clubhouse Sandwich  
*peameal bacon, turkey, black forest ham, leaf lettuce, tomato  
& monterey jack cheese* \$ 15.00

Hot Turkey Sandwich  
*sliced roast turkey breast on white bread with gravy &  
cranberry relish* \$ 16.00

New York Steak Sandwich  
*with caramelized onions & roasted peppers  
on panini* \$ 21.00

## VEGETABLES

Steamed Broccoli or Cauliflower  
*plate of either OR both with  
butter OR cheese sauce* \$ 10.50

# THE PALM LOUNGE



## COLD PLATES

Ploughman's Lunch ~ *slice of extra old cheddar, branstown pickle & french baguette* \$ 10.50

Cold Meatloaf ~ *meatloaf slice with sweet raisin chutney & french baguette* \$ 12.00

Poached Chicken Breast ~ *served on romaine with creamy mustard sauce, sun-dried cranberries & walnuts* \$ 15.00

Italian Antipasto Plate ~ *thin sliced prosciutto, genoa salami, capicola & provolone cheese with olives, marinated eggplant & artichokes served with panini* \$ 17.00

## NEW YORK STYLE PIZZA

Bianca ~ *red onion, sliced tomato, premium cheese blend with ricotta & pesto sauce* \$ 16.00

Greek ~ *sliced tomato, red onions, black olives, basil, oregano, mozzarella & feta cheese* \$ 16.00

Portabello ~ *portabello mushrooms, premium cheese blend & goat cheese with white alfredo sauce* \$ 17.00

Galena ~ *grilled chicken fillets, mushrooms, zucchini, tomato, reggiano cheese & basil olive oil* \$ 17.00

Calabrese ~ *fine italian meats, pepperoni & back bacon baked with premium cheese blend* \$ 17.00

Pescatore ~ *shrimp & salmon with fennel, capers & our premium cheese blend* \$ 20.00

*We can also make your tried & true favourites*

## STIR FRY

Vegetable Stir Fry  
*with steamed rice* \$ 15.00

Beef Stir Fry  
*with vegetables & steamed rice* \$ 19.00

Chicken Stir Fry  
*with vegetables & steamed rice* \$ 18.00

Shrimp Stir Fry  
*with vegetables & steamed rice* \$ 21.00

## STEAK OR SALMON

Grilled 12 oz New York Steak **OR** 7 oz Atlantic Salmon Filet  
*served with daily vegetable & potato ~ all New York steaks are Canadian prime (the equivalent of USDA prime)*

*your choice of: plain, with mushroom butter **OR** pink peppercorn butter **OR** blue cheese butter*

Steak \$ 31.00 ~ Salmon \$ 27.00

## HOME AWAY FROM HOME DINNERS

Potato & Cheese Perogies  
*steamed "ravioli" buttered & topped with sour cream & fried onions* \$ 12.00

House Sausage, Eggs & Fries  
*two fried eggs, grilled house sausage & fries* \$ 12.00

Rigatoni  
*with tomato meat sauce* \$ 14.00  
*with alfredo sauce* \$ 14.00

Meat Lasagna  
*with ground beef & three cheeses* \$ 16.00

Spinach & Four Cheese Lasagna \$ 15.00

Meatloaf  
*beef, veal & pork meatloaf with tomato gravy, daily vegetable & potato* \$ 15.00

Pot Roast  
*sirloin roast with vegetables in rich red wine gravy & daily potato* \$ 22.00

Flash Roasted Half Chicken  
*rubbed with herbs, baked in hot oven served with stuffing, daily vegetable & potato* \$ 22.00

*Add Daily Soup to any of the above meals* \$ 2.50

## DESSERTS

Crème Brulee \$ 6.50

Lemon Meringue Tart  
*with raspberry coulis* \$ 6.50

House Made Ice Creams **OR** Sorbet \$ 6.50

Chocolate Hazel Nut Dome Cake  
*with english cream* \$ 7.50

Chocolate Pate  
*with crème anglaise & fresh fruit garnish* \$ 7.50

Pecan Pie  
*with warm caramel sauce* \$ 7.50

Vanilla Cheesecake  
*with strawberry coulis* \$ 7.50

Seasonal Fruit Plate \$ 10.50

Cheese Course served with  
Fruit Garnish, Nuts & Toasts  
*with your choice of cambozola **OR** port salut **OR** brie **OR** extra old cheddar* \$ 14.00