

BREAKFAST

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OATMEAL

steel cut oats served with our own
Fort Garry Roof Top Honey® and fresh berries
17

FGH GRANOLA

with Greek yogurt and fresh berries 18

PEAMEAL BACON & EGGS

two eggs prepared your way served with peameal bacon, roasted fingerling potatoes and sourdough toast 22

TURKEY SAUSAGE & EGGS

two eggs prepared your way served with our house-made turkey sausage, roasted fingerling potatoes and sourdough toast 22

ASPARAGUS & MUSHROOM OMELETTE

served with ricotta, fingerling potatoes and sourdough toast 25

∅ Ø GLUTEN-FREE HOUSE-MADE PANCAKES

buttermilk, poppy seed and quinoa with fresh seasonal berries and crème fraîche 21

AVOCADO TOAST

fresh avocado, tomato, radish, fresh ricotta, and Maldon Sea Salt topped with a poached egg, on house-made sour dough bread 23

FORT GARRY STYLE EGGS BENEDICT

two poached eggs with scratch-made hollandaise on a grilled English muffin and roasted fingerling potatoes

THE CLASSIC

with back bacon 25

THE FLORENTINE

with sautéed spinach 25

THE CANADIAN

with smoked salmon 27

SIDES

add preserves 2

O HOUSE-MADE TURKEY SAUSAGE 7

BEVERAGES

FRESH BREWED COFFEE

regular or decaf 5

FRENCH PRESS 6

SHEEPDOG COLD BREW

Traditional or Ethiopian 6

FRESH STEEPED TEA

regular or decaf 5

FRESHLY SQUEEZED ORANGE JUICE 8



MINI-MENU

MINI PEAMEAL BACON & EGG

one egg with peameal bacon and roasted fingerling potatoes 15

MINI GLUTEN-FREE HOUSE-MADE PANCAKES two mini pancakes with berries

and maple syrup 15

MINI FGH GRANOLA

with Greek yogurt and fresh berries 15